

A day in the life of a real estate agent can be **stressful.**

From sun up to sun down there are so many things that can and will go wrong.

What if you could make those days less stressful just by using a few drops of essential oils? Wouldn't that be **A GAME CHANGER?**

I'm going to show you a few oils that can do just that. Keep reading! It is well **WORTH YOUR** time and investment.

Let's talk oils and daily routines!

Get your **MORNING** started with a little **Peppermint & DiGize Vitality** essential oils to support your digestive system*. Add a drop to water, tea, or honey.

MID-MORNING, try some **Lemon Vitality** essential oil in a glass of water for a refreshing drink. It only takes a drop or two to enhance your water.

At **LUNCH**, add a drop of **Thieves Vitality** essential oil to support your immune system* and overall wellness*. Also supports a healthy respiratory system*.

MID-AFTERNOON, enjoy a relaxing, aromatic, mini-spa experience when you massage **PanAway** essential oil onto your legs. Next, massage **Stress Away** essential oil on the back of your neck to complete the experience.

Finally, at **BEDTIME**, use **Lavender** essential oil in a roller bottle on the bottom of your feet for a calming night-time routine. For an added relaxing atmosphere, be sure to diffuse **Lavender** essential oil in your favorite diffuser.



More oils and products:

Purification essential oil blend: this oil is one of the best for getting rid of unwelcomed odors (smoke, pets, stale refrigerators, etc.). Let the owners borrow a diffuser to run Purification before a showing. The house will smell refreshed and vibrant.

NingXia Red: add a daily shot of NingXia Red to your diet to enjoy the benefits of this powerful, whole body supplement. NingXia Red benefits include support for energy levels, normal cellular function, and whole body and normal eye health*. A daily shot of 2 to 4 ounces helps support overall wellness with powerful antioxidants.

NingXia Nitro: take a shot of Nitro when your early-morning routine demands alertness and a quick start to the day -- especially after a restless night's sleep. Keep Nitro on hand to help you stay alert and on point throughout your workday.

Thieves Household Cleaner: every home needs this! A small bottle of this harsh-chemical-free, and wonderfully scented cleaner would make the perfect gift for a new homeowner or client.

*These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

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